

MANGO AND FEJOA LASSI

Ingredients

400g frozen mango

250g yoghurt

1 litre milk (how many cups?)

Fejoas from the harvest

Take some time to learn about the difference between weight and volume measurements.

Learn how to use scales for measuring, how to tare the scales so as not to weigh the jug or bowl.

Carefully measure all ingredients.

All ingredients need to be combined and blended.

You could do this by using a blender and make small batches or combine in large 'punch' bucket or pot and use a stick blender.

Serve in glasses (pre chilled if you like) enough for the class.