

Mango Slaw

Ingredients

3 pieces shredded cabbages

2 sliced red onion

4 grated carrots

3 stalks celery sliced thin

Fresh herbs basil, mint coriander

1 tin mango drained (reserve juice) sliced

Prepare ingredients and toss in a large bowl.

Dressing

Mango syrup with some lime juice in a jug.

Season and taste for sweet and sourness.

May want to add a little oil to help it coat.