

# BEETROOT, APPLE AND FENNEL SLAW

## Ingredients:

2 large beetroots, peeled washed and grated.

1 tbs sugar

1 tbs white wine vinegar

4 apples, quartered, cores and sliced thinly.

4 fennel bulbs, washed and sliced very thinly.

1 small bunch parsley, washed and chopped fine.

Basic vinaigrette to dress (kept separate)

Salt and pepper

## What to do:

1. In a large bowl combine beetroot, sugar and vinegar and allow to stand to pickle slightly.
2. Prepare remaining and toss altogether.