

# **BEST OF ALL SWEDE, POTATO AND SAGE MASH**

## Ingredients

1 Swede, peeled and diced

5 potatoes, peeled and diced

1 bunch of sage, washed, picked and chopped

100g butter, diced

½ tsp nutmeg

Put a large pot of water on to boil.

Prepare swede and potatoes.

Place swede and potatoes in salted boiling water and boil till tender.

Drain water from swede and potato and add butter, sage and nutmeg, adding a little water to make smooth.

Season with salt and pepper and mash.

Serve one bowl per table.