SPINACH, KALE AND CHEESE PUFFS

Ingredients

- 2-3 spring onions, sliced
- 1 clove garlic, smashed, peeled and chopped fine

1 bunch of kale, silver beet and spinach, washed, spun and chopped fine

1/2 small block fetta, mashed with a fork

100g tasty cheese, grated

- 1 egg
- 1 handful of parsley washed and chopped fine
- 2 sprigs of mint, washed, picked and chopped fine

3 sheets puff pastry, split in half