

Winter Lettuce Crunch Salad

Ingredients:

4 celery stalks with leaves

4 apples

1 basket of mixed salad leaves, carefully washed and spun

1 bunch of soft herbs

1/3 cup sultanas or dried cranberries

1/3 cup dry toasted pepitas or sunflower seeds

1/3 cup olive oil

2 tablespoons apple cider vinegar



What to do:

1. Wash and slice celery very thin, place in large bowl.
2. Quarter, core and thinly slice apples add to bowl.
3. Add lettuce and roughly tear larger leaves, add to bowl.
4. Wash and pat dry herbs, pick out and tough stems and chop fine.
5. Add remaining ingredients to salad bowl and season with salt and pepper.
6. Divide salad gently into serving bowls and garnish.

