

# Ras-el-hanout

## Ingredients:

- 4 whole nutmeg, grated fine
- 10 scented rosebuds, dried
- 3 stalks lavender, dried
- 12 cinnamon sticks
- 1 teaspoon aniseed
- 8 tea spoons ground turmeric
- 1 tea spoon cayenne pepper
- 2 table spoons ginger root grated
- 6 cloves
- 1 table spoon white pepper
- 8 tea spoons allspice 20 cardamom pods

## What to do:

- Grind ingredients in small batches with the mortar and pestle.
- Store in an airtight container

