

FINDON

PRIMARY SCHOOL

Learning for life



Cuthbert Drive, MILL PARK 3082 Telephone: 9404 1362 Fax: 9436 8362
Email: findon.ps@edumail.vic.gov.au Website: www.findonps.vic.edu.au

Tuesday 20th October, 2020

OCTOBER

- 23 Curriculum Day
- 30 School Photo Day

NOVEMBER

- 2 Curriculum Day
- 3 Melbourne Cup Day

Hello Everyone,

REMINDER: NO SCHOOL on Friday 23rd October due to the PUBLIC HOLIDAY

WHOLE SCHOOL PHOTOS Friday 30th October

PRACTICING the ATTITUDE of GRATITUDE

Gratitude is all about focusing on what's good in life, and paying attention to the things you can take for granted. Sometimes you'll feel grateful without even having to try – and that's awesome. But consciously choosing to think about things you're thankful for can make a massive difference to your mood, because it boosts your physical and mental health. Research shows that practicing an **attitude of gratitude** can help with this stuff like, becoming more resistant to stresses in life, having a higher sense of self-worth, enjoying an instant mood-booster, experiencing other positive emotions linked with gratitude, improving physical health.

How to give gratitude a go

- Turn it into a family game or ritual: each night during dinner, get everyone in your family to say one thing they are grateful for.
- Keep a gratitude journal: write down three things you are grateful for every day. Keep your gratitude journal to reflect on – especially when your mood is low.
- Create a gratitude photo album or Pinterest board: take photos of things that make you smile and regularly add them your personal gratitude board.
- Count your years in gratitude: on your birthday, write a list of things you are grateful for that happened over the past year. Make your list correspond to the age you're turning, e.g. if you're turning 14, have 14 different points.
- Say thank you to other people: this helps you take notice of things you're appreciative of in the moment, and it makes their day a bit brighter too.

I am Grateful that we have all our students back to school for their learning...



DRESS UP DAY Thursday October 22nd

- Foundation – **Farm animal** costume (Fact writing – information report)
- Year 1/ 2 – **Garden theme/mini beasts** costume (Information Report – Mini Beasts)
- Year 3/ 4 – **Spooky costume** (Narrative writing of spooky stories)
- Year 5/ 6 – Design a made up character/or choose a **known character** from a book
(Character profiles and using these to write a short story)

Year 1/ 2 CG

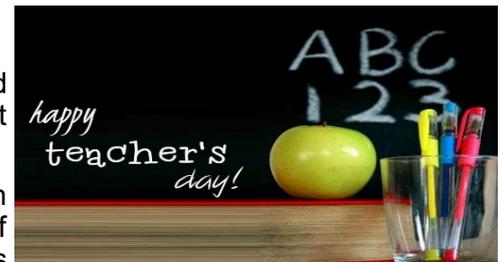
We have been learning about lots of different things since coming back to school. In reading we've been learning about character traits which basically means how characters act and we've been reading a Tom Gates book as a class. In writing we have been learning about Information Reports. In inquiry we are learning about mini beasts and how they come in all shapes and sizes. We went into the Findon Forest to search for mini beasts with magnifying glasses. In maths we have been learning about the value in numbers and we got to pick most of our reading, writing, maths and personal goals for Term 4.
By Holly and Nathan – CG



WORLD TEACHERS' DAY

Friday, 30th October 2020 is World Teachers' Day. UNESCO's World Teachers' Day was established to draw community attention to the important contribution teachers make in building a better future for the world's children.

In the words of educator, Rita Pierson 'Every child deserves a champion, an adult who will never give up on them, who understands the power of connection and insists they become the best they can possibly be'. Teachers matter every day – in the curriculum they teach and how they teach it, through the connections they make with and for their students, and by the way they encourage a love of learning. Most of us remember fondly a teacher who made a positive difference in our lives, one who believed in us and our potential, and encourages us to always give our best efforts to all tasks. I commend the excellent work done by our Findon teachers.



CHILD SAFE STANDARDS

Findon Primary School ensures that the children in our care are protected to the best of our ability and in line with the compulsory Child Safe Standards.

Below I have added the Four Critical Actions for Schools. The poster informs schools of their roles and responsibilities in responds to incidences, disclosures and suspicions of Child Abuse.

RESPONDING TO AN EMERGENCY

As soon as immediate health and safety concerns are addressed you **must** report all incidents, suspicions and disclosures of child abuse as soon as possible. Failure to report physical and sexual child abuse may amount to a criminal offence.

2 REPORTING TO AUTHORITIES / REFERRING TO SERVICES

Where does the source of suspected child abuse come from?

WITHIN THE SCHOOL

VICTORIA POLICE
You **must** report all instances of suspected child abuse involving a school staff member, contractor, volunteer or visitor to Victoria Police.

You **must** also report **internally** to:

GOVERNMENT SCHOOLS

- School principal and/or leadership team
- Employee Conduct Branch
- DET Security Services Unit

CATHOLIC SCHOOLS

- School principal and/or leadership team

WITHIN THE FAMILY OR COMMUNITY

OMBUDSMAN FOR CHILDREN
You **must** report to Ombudsman for Children if a child is considered to be:

- in need of protection from child abuse
- at risk of being harmed or has been harmed and the harm has had, or is likely to have, a serious impact on the child's safety, stability of development.

VICTORIA POLICE
You **must** also report all instances of suspected sexual abuse (including grooming) to Victoria Police.

OTHER CONTACTS

If you believe this to abuse but your concerns for the child are not being addressed, you may wish to contact:

- Child FIRST/The Ombudsman for Children
- DET Child Protection
- Victoria Police

CONTACT

Victorian Child Abuse Helpline: 1800 088 627
Victorian Police: 131 444

MAKING and KEEPING FRIENDS

Making friends is an important part of your child's development. Friends are people that your child can talk to, share things with, confide in. Strong friendships allow children to grow into well-adjusted adults with strong social skills.

Parents and friends play a different role in the life of a child. You can help your child to make long-term decisions about things like their values and morals. Your child's friends are more likely to influence their short-term choices. This could include: the way they dress, their hobbies, the things they like to do in their spare time. Talk to your child about their friends. Your child's friendships can often change. It is the quality of friends that your child has that is important, not the number. Whether your child has one special friend or many friends isn't the issue. As long as they are happy and content they'll do fine. Sometimes your child will argue with their friends. Not all arguments are bad. They are an important part of growing up. Talk to your child about:

- what things they like to do with their friends
- the things they like about their friends
- the ways your child could show their friends
- how much they mean to them
- how their friendships are going

If there are problems this gives your child a chance to talk to you about them. Listen to your child and use open-ended questions. These are questions that can't be answered with a simple yes or no.

Talking to your child about your own friends and friendship history, shows them how to be a friend and have friends. Use examples and explain to your child the time and effort you put into your own friendships. Talk about forgiveness. Sometimes friends do things that upset us. This doesn't mean the friendship has to end. Understanding that everyone makes mistakes is an important lesson to learn. Friendships are usually made between people who have the same interests. Making friends can take time. Some children find it easy to make friends. Others find it difficult. You know your child best.

If you know your child is nervous or shy when making friends, you can encourage them to: say hello and smile, look for another child who seems shy and talk to them, ask questions to start a conversation, like what school did you go to last year or do you like maths, music, running? Listen to other children when they are talking and find out if they have things in common.

You can also support your child's interests and get them involved in clubs or groups. This means they can make friends with children outside of school too. Friendships need time, attention and trust if they are going to last. You should encourage your child to spend quality time with their new and old friends.

KIDSMATTER – HOW CHILDREN'S THINKING AND LEARNING DEVELOP

Children grow and change in many ways during their primary school years. As well as growing physically, children develop socially, emotionally and cognitively.

Cognitive development refers to growth in a range of thinking and learning skills, including language, attention, planning, problem solving and memory. This overview outlines some of the key developments in children's skills for thinking and learning and suggests ways that parents and carers can support children's growth in these areas. One of the best ways for parents and carers to support primary school children's thinking and learning is through taking an active interest in their learning at school so that they can support and build on it at home. International research has found that involvement of parents and carers with their children's schooling contributes to children's achievement at school and has positive effects on their mental health.

How children learn

Although children are born with some inherited tendencies, an environment that stimulates learning and development is necessary to ensure children reach their full learning potential. Adults play a vital role in providing stimulation and support for children's learning. Parents and carers can nurture children's development through understanding the importance of what children experience in the world around them, and providing experiences that arouse their curiosity and interest. Opportunities for children to be actively involved in learning from their experiences are especially important for their development. Children's knowledge grows over time as they build on earlier understandings. When they encounter new experiences, children look for information that they can use to confirm, add to, or change their ideas. For example, when a child experiences a new event, he or she first tries to understand the new experience by matching it to pre-existing ideas. If, however, the new experience doesn't fit with what the child already knows, it stimulates the child to come up with new ideas or ways of understanding. By adding or adapting old ideas and putting ideas together children build knowledge.

ADDRESSING SCHOOL CONCERNS

If there has been an incident that has occurred between students please be assured that the school has policies and processes in place to manage this effectively. Under no circumstances is it the parent's responsibility to speak with the students concerned regarding any incident. I ask that if there has been an issue that concerns you, please ensure the classroom teacher knows about the incident first or alternatively you could make a time with Linda or I to discuss the issue further.

I leave you with the following words to ponder...

'Ability is what you're capable of doing, Motivation determines what you do, Attitude, determines how well you do it.' Raymond Chandler

Have a great week everyone

Paula Cosgrave

Principal



STUDENT OF THE WEEK

F NS	Logan – For trying his best in all his learning tasks	3/4 DF	Max – For doing a great job returning back to onsite learning
F MZ	Niko – For trying so hard in writing by using you sounds	5/6 MM	Kane – For returning to school with a ready to learn mindset
F SJ	Maezah – For doing your best in reading and writing	5/6 EM	Shweta – For working hard to achieve her best in P.A and other subjects
1/2 TN	Sienna – For being brave every day and doing well in your learning	5/6 IK	Ali – For helping his peers do their best in all their work
1/2 FH	Suheyh – For returning to school with a positive attitude	5/6 LS	Natasha – For putting in a monster amount of effort in you work this week
1/2 CG	Lewis – Coming back to school with a positive attitude	5/6 AS	Fetalaiga – For looking after class mates and being a good role model
1/2 LL	Raidyn – For finding his work a bit tricky but still did his best	Specialist Awards	
1/2 NL	Jesse – For coming back to the classroom with a great attitude	VA	Cassandra – For doing a wonderful job showcasing your art
3/4 OC	Maddy – For an outstanding effort in remote learning	PA	Nikita – For showing persistence, care and effort during P.A lessons and helping others in class
3/4 II	Steven – Well done on returning back to school and putting in lots of effort	PE	Lana - For having a positive attitude towards P.E
3/4 LP	Massimo – For an excellent start to the term and always trying your best	KG	Nathan – For doing his best and being a great helper in the kitchen Erick – For being a great role model in KG
3/4 EH	Ethan – Being fantastic in remote learning and putting in even more effort at school	IND	Dyson – For trying his best to learn numbers in Indonesian

SCHOOL PHOTO UPDATE



Findon Primary Portrait Photo Day Friday 30th October 2020

Orders and Payments

New Envelopes will be distributed to your child shortly
Orders can be made using your ordering envelope
using your child's unique shootkey.

Head to www.msp.com.au to place your order.

If you have already placed an order earlier in the year
your order will be held and no further action is required.

Each Student will be photographed individually,
with the group created digitally
as a composite.

This will eliminate the need for
students to be grouped together
in close contact with either
themselves or staff



LIFE IS EASIER WITH MSP

If you are having any problems please contact us;
admin.nem@msp.com.au

Netbook Payment Schedule

	Payment Due Dates	Year 3 (2020)	Year 4 (2020)	Year 5	Year 6
Once off deposit	Monday 2 nd Dec 2019	\$30	\$30		
1st Payment	Friday 7 th Feb 2020	\$70	\$70	\$65	\$65
2nd Payment	Friday 24 th Apr 2020	\$70	\$70	\$65	\$65
3rd Payment	Friday 17 th Jul 2020	\$70	\$70	\$65	\$65
4th Payment	Friday 9 th Oct 2020	\$70	\$70	\$65	\$65

Term 4 Netbook payment is now due.

Please call the office on 9404 1362 to make a payment over the phone.

Payments can also be made using your family BPAY account.



MATHS PROBLEM



Hi everyone, the Maths Problem of the Week page is back for Week 3 of Term 4.

Congratulations to the students who submitted entries to last week's problems:

Name	HG	Level	House		Name	HG	Level	House
Holly B.	2CG	Junior	Freeman		Cassie B.	FNS	Junior	Strickland
Ava	3EH	Junior	Roycroft		Aaron B.	2TN	Middle	Strickland

House Points

Cuthbert	Freeman	Roycroft	Strickland
0	10	10	20

THIS WEEK'S PROBLEMS

Upper (4 to 6)	Middle (2 to 4)	Junior (P to 2)
Name:	Name:	Name:
House:	House:	House:
Home Group:	Home Group:	Home Group:
<p>You deposit \$800,000 into the bank. The annual interest rate on this deposit is 2.5%.</p> <p>How much interest will you earn on this investment over one year?</p> <p>Working out:</p>	<p>You buy three dozen eggs from the supermarket and use three quarters of them to make breakfast for a family of 10.</p> <p>How many eggs do you use?</p> <p>A dozen is 12.</p> <p>Prove your answer with a diagram:</p>	<p>You own 6 horses and go to the blacksmith to have horseshoes made for their hooves.</p> <p>How many do you need?</p> <p>If each one costs \$10, how much will you spend?</p>

Please submit your entries to the OFFICE by Thursday afternoon. Thank-you.

MATHLETICS

19 certificates have been earned by Findon students over the last two weeks.

Well done to all the students who have achieved there Gold Certificate since the end of Term 2. These will be presented on the next assembly (week 4).

On Thursday October 22nd, 2020, Findon Primary School is hosting a 'dress up day'.

The dress up day matches with your writing in class.

The theme for the dress up for each cohort is as follows:

Learning Team 1 (Foundation) – Farm animal costume (Fact writing – information report)

Learning Team 2 (Year 1/2) – Garden theme/mini beasts costume (Information Report – Mini Beasts)

Learning Team 3 (Year 3/4) – Spooky costume (Narrative writing of spooky stories)

Learning Team 4 (Year 5/6) – Design a made up character/or choose a known character from a book (Character profiles and using these to write a short story)



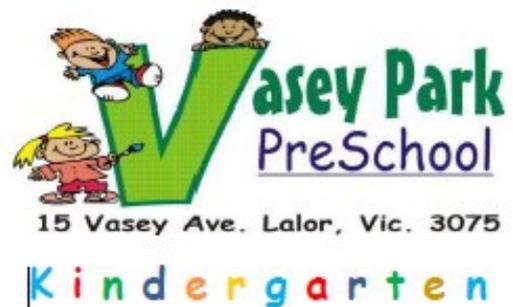
Telephone – 9404 4369

Address – 114 Roycroft Ave Mill Park.

Email – roycroft@try.org.au

Now taking enrolments
for 2021

Please contact
Charmaine if you have
any queries.



**Enrolments for
3 Yr Old & 4 Yr Old Programs
2021 are open**

Contact Our Friendly Staff

Phone: 9465 8835

Email:

vasey.park.admin.kin@kindergarten.vic.gov.au



Canteen Menu

Findon Primary

Please make sure all Lunch Orders are clearly labelled with your
NAME and Room number
Paper Bag 10cents Tomato Sauce 30cents.



Freshly Made Sandwiches

Salad- Lettuce/Tomato/Carrot/ Cucumber/Beetroot	4.00
Salad with Ham/Tuna/Roast Chicken	5.00
Salad with Cheese	4.30
Ham/Tuna/Roast Chicken	3.50
Cheese & Tomato	2.80
Egg & Lettuce	4.00
Ham & Cheese	3.80
Ham, Cheese & Tomato	4.10
Vegetarian	2.00
Cheese	2.50
ADD- Beetroot, Carrot, Tomato, Mayo	.30
Cheese	.40
Avocado, Egg	1.00

Toasties

Cheese	2.70
Cheese & Tomato	3.00
Ham & Cheese	4.00
Ham, Cheese & Tomato	4.30
Spaghetti	3.00
Baked Beans	3.00

Focaccias

Roast Chicken, Cheese & Avocado (H)	6.50
Ham, Cheese & Tomato	6.50

Salad Tubs

Lettuce, Carrot, Cucumber, Tomato, Beetroot & Salad Dressing	5.00
Add - Roast Chicken, Ham or Tuna	1.50

Frozen Treats

Paddle Pop	2.00
Icy Twist	1.50
Frozen Jelly Fruit	.50
Zing Frozen Yoghurt	1.00
Twisted Frozen Yoghurt	2.00
Zopper Doppers	1.00

Warm foods

Pastizzi Cheese (H)	1.00
Chicken Parma (H)	3.50
Meatball & Cheese Sub	4.50
Hot Dog	3.50
Hot Dog (H)	3.50
Hot Dog with Cheese	3.90
Hot Chicken Roll with Gravy/Mayo (H)	4.50
Homemade Lasagne	4.50
Homemade Mac & Cheese (H)	4.50
Steamed Dim Sim	1.00
Corn on the Cob (H)	1.00
Chicken Burger - Lettuce/Mayo (H)	4.50
Beef Burger - Lettuce Sauce	4.50
Fish Burger- Lettuce/Mayo (H)	4.50
Sweet Chilli Chicken Wrap- Lettuce/Mayo (H)	4.50
Chicken Dino Snacks x 3 (H)	3.00
Chicken Dino Snacks x 6 (H)	5.00
Veggie Burger-Lettuce/Mayo (H)	5.00
Noodle Cup - Chicken (H)	3.00
Homemade Margarita Pizza (H)	3.00
Homemade Hawaiian Pizza	4.00
Homemade BBQ Chicken Pizza (H)	4.00

Drinks

Water	1.50
Big M- Chocolate/Strawberry	2.00
Plain Milk	1.50
Quench/Prima	2.00
Slush Puppie	2.00

Snacks

Boiled Egg	1.00
Cucumber & Carrot sticks	2.00
Jelly Cup (Lite)	1.00
JJ Snacks, Popcorn	1.50
Cornitos	1.00
Homemade Mini Muffin	.50
Homemade Yumball	1.00
Homemade Chocolate Cookie	1.00
Rice Cracker	.10



Canteen Menu

Combo Packs

All Packs come with a FREE Mini Muffin

Please choose a drink-

Water, Quench, Big M, or Slush Puppie

Orders are to be clearly labelled with

Pack number/Food item & Drink

Pack 1 - Lasagne/Mac & Cheese (H)	6.50
Pack 2 - Chicken Burger (H)	6.50
- Beef Burger	6.50
- Fish Burger (H)	6.50
Pack 3 - Sweet Chilli Chicken Wrap (H)	6.50
Pack 4 - 3 x Steamed Dim Sims	5.00
Pack 5 - Chicken Parma (H)	5.50
Pack 6 - Meatball & Cheese Sub	6.50
Pack 7 - 3 X Pastizzi (H)	5.00
Pack 8 - Hot Dog/Halal Hot Dog	5.50
With Cheese	5.90
Pack 9 - 6 x Chicken Dino Snacks	7.00
Pack 10 - Butter Chicken on Rice	7.00
Pack 11 - Veggie Burger (H)	7.00
Pack 12 - Noodle Cup Chicken (H)	5.00
Pack 13 - Meat Pie (Lite)/Halal Meat Pie	6.50
- Pastie	6.50
Pack 14 - Homemade Sausage Roll	5.50
Pack 15 - Spinach & Ricotta Roll (H)	5.50

Fruity Findon

Frozen Orange Quarter .40

Slinky Apple 1.00

Halal- H

Tomato Sauce .30

**\$1.00 Hot food Specials Can be
Purchased over the counter**

**At recess and Lunchtime only -
NOT Available in Lunch Orders**

Program

Service Name	Date	Theme
Findon Primary School	19 th October-23 rd October	Footy season activities

INTENTIONAL EXPERIENCES

	Monday	Tuesday	Wednesday	Thursday	Friday
BSC Planned activity 1	AFL Colouring pages	Making Footy Team Pompoms (Show your team spirit)	How to make a breakthrough football banner	Finger painting	Public Holiday
ASC Planned activity 1	Making sports party trophies	Stuffed paper football	Football terms word search	Explore creative movements with streamers	Public Holiday
ASC Planned activity 2	Making a football pitch	Cooking experience Making football Cupcakes	Making a footy paper chain of your team	Try your hand at Juggling	Public Holiday
Yarning Circle	Let's talk about our favourite footy team.				
Weekly Specials	Cooking Making cookies CA cookbook recipe	Cooking Pancakes CA Cookbook recipe	Cooking Making Banana bread CA Cookbook recipe	Cooking Making Honey joys	Public Holiday
Extension					
Child initiated					

Program

Service Name	Date	Theme
Findon Primary School	19 th October-23 rd October	Footy season activities

ZONES

Chill out Zone Cushions Rugs Books	Cosplay Dress up in your favourite character	Home work Club Pencils, textas, ruler Paper and calculators	Crafty Collection Jewellery making workshop Beads, strings and scissors
Games Central Monopoly UNO Chess	Nature's Way Dried leaves Twigs	Sports Box Basketball Tennis Indoor bowling	Construction City Lego Jenga Connectors straw

To book, visit www.campastralia.com.au or call 1300 105 343

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Bundoora 3083

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Lalor North Secondary College is still welcoming Year 7 2021 enrolments

Scholarships in the following areas are available:
Academic, Citizenship and Music.

Please contact our office on 9401 3888 or visit our website lalorntshc.vic.edu.au



Lowes Plenty Valley are now offering click and collect on all school uniforms.

Order online at www.lowes.com.au